

# TEACHING AND LEARNING STYLES MADE SIMPLE

## Section 1: Discover Your Teaching Style

Answer the questions below to identify your teaching style. Circle or check the answer that resonates most with you.

1 How do you prefer to plan lessons?

- A. I love detailed schedules and lesson plans.
- B. I prefer to adapt as I go, following my child's lead.
- C. I like a mix of structure and flexibility.

2 What do you enjoy most about teaching?

- A. Explaining concepts clearly and seeing progress.
- B. Creating fun, hands-on activities.
- C. Reading stories and discussing big ideas.

3 Which resources appeal to you the most?

- A. Textbooks and workbooks.
- B. Projects, experiments, and creative materials.
- C. Literature, videos, and discussion prompts.

### Teaching Style Results:

- Mostly A: The Planner
- Mostly B: The Hands-On Teacher
- Mostly C: The Storyteller
- Mixed Answers: You're a flexible blend of styles!

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## Section 2: Identify Your Child's Learning Style

Observe how your child naturally engages with the world. Check all statements that apply to them.

1 Your child learns best when they can:

- \_\_\_ See diagrams, pictures, or videos. (Visual Learner)
- \_\_\_ Listen to explanations or stories. (Auditory Learner)
- \_\_\_ Build, create, or move. (Kinesthetic Learner)
- \_\_\_ Read and write about topics. (Reading/Writing Learner)

2 Your child prefers to:

- \_\_\_ Watch a demonstration before trying something new.
- \_\_\_ Ask questions and discuss ideas.
- \_\_\_ Jump in and figure it out as they go.
- \_\_\_ Take notes or research independently.

3 When learning, your child enjoys:

- \_\_\_ Watching videos, looking at charts, or drawing.
- \_\_\_ Listening to audiobooks or having discussions.
- \_\_\_ Using hands-on materials or participating in activities.
- \_\_\_ Writing, journaling, or reading books.

### Learning Style Results:

- Most checks in Visual: Visual Learner
- Most checks in Auditory: Auditory Learner
- Most checks in Kinesthetic: Kinesthetic Learner
- Most checks in Reading/Writing: Reading/Writing Learner

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## Section 3: Aligning Styles

Use this section to brainstorm ways to combine your teaching style with your child's learning style.

My Teaching Style: \_\_\_\_\_

My Child's Learning Style: \_\_\_\_\_

Ideas for Alignment:

Example:

- If I'm a Planner and my child is a Kinesthetic Learner, I'll include structured hands-on projects in our schedule

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

You're doing an amazing job! By understanding your strengths and your child's needs, you're creating a homeschool environment where both of you can thrive.

# MORE RESOURCES FOR EXPLORING TEACHING AND LEARNING STYLES

Finding the right tools and information is key to building a successful homeschool. Below are curated resources to help you better understand teaching and learning styles and find curricula tailored to your family's needs.

## Homeschool-Specific Resources

- [Homeschool On: The Learning Style Quiz.](#)  
A quick quiz to identify your child's learning style with suggestions for homeschool curriculum tailored to their needs.
- [Simple Homeschool: Understanding Your Child's Learning Style](#)  
A detailed guide for homeschoolers to match their child's learning style with effective homeschooling methods.
- [Cathy Duffy Reviews: Learning Styles Questionnaire.](#)  
Use this questionnaire to assess your child's learning preferences and find curriculum reviews tailored to their style.
- [Tina's Dynamic Homeschool Plus:](#)  
Curriculum by Learning Style. A comprehensive list of homeschool curricula organized by learning styles, making it easier to find the perfect fit for your child

# MORE RESOURCES FOR EXPLORING TEACHING AND LEARNING STYLES

## Additional Resources for Homeschool Success

- [Five Flavors of Homeschooling Video](#)  
Learn about the five major homeschool approaches: traditional, classical, Charlotte Mason, unit studies, and unschooling.
- [Homelife Academy High School Planning Tools](#).  
Guidance and resources for planning high school, including goal-based planning and downloadable forms.